

COMMON DAILY SUPPLICATIONS

IN ORDER - FROM BEGINNING TO END

COMMON DAILY SUPPLICATIONS - IN ORDER FROM BEGINNING TO END

IDEAL FOR BEGINNERS & QUR'AAN SCHOOL STUDENTS
DESIGNED TO HELP YOU MAKE THE DAILY DU'AS HABITUAL

STUDENT SELF-CHECKLIST

LEVEL 1		TICK
1	Waking up	
2	Undressing	
3	Entering bathroom	
4	Before Wudhu	
5	After Wudhu	
6	Leaving the toilet	
7	Greeting someone	
8	Before eating	
9	After eating	
10	Leaving the home	
LEVEL 2		
11	Riding in a car	
12	Entering the Masjid	
13	After hearing the athaan	
14	Leaving the Masjid	
15	You sneeze	
16	Hear someone sneeze	
17	Reply of the sneezer	
18	Starts to rain	
19	Entering the home	
20	Thanking someone	
21	Before sleeping	
LEVEL 3 DU'AS IN SALAH		
22	Aayatul-Kursi	
23	Dua after first takbeer in Salah	
24	Surah al-Faatihah	
25	While bowing	
26	Upon rising from bowing	
27	While prostrating	
28	Between prostration	
LEVEL 4 DU'AS IN SALAH		
29	Tashahud	
30	Sending prayers upon Prophet	
31	Seeking refuge from 4 things	

LEVEL 1

WAKING UP

When I wake up in the morning, I say:

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

All praise is for Allah Who gave us life after having taken it from us and unto Him is the resurrection. [1]

UNDRESSING

When I remove my clothes, I say:

بِسْمِ اللَّهِ

In the name of Allah. [2]

ENTERING BATHROOM

Before I enter the bathroom, I say:

(بِسْمِ اللَّهِ) اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخُبَائِثِ

(In the name of Allah). O Allah, I take refuge with you from all evil and evil-doers. [3]

BEFORE WUDHU

Before making Wudhu, I say:

بِسْمِ اللَّهِ

In the Name of Allah. [4]

AFTER WUDHU

After completing my Wudhu, I say:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ
مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

I bear witness that none has the right to be worshipped (in truth) except Allah alone, Who has no partner; and I bear witness that Muhammad is His slave and His Messenger. [5]

AYAH

“AND WE DID NOT SEND BEFORE YOU ANY MESSENGER, EXCEPT THAT WE REVEALED TO HIM THAT THERE IS NONE WORTHY OF WORSHIP EXCEPT ME, SO WORSHIP ME.” [SŪRAH AL-ANBIYĀ, 21:25]

LEAVING THE TOILET

When I leave the toilet, I say:

عُفْرَانِكَ

I seek Your forgiveness. [6]

WHAT DO YOU SAY?

You have now come downstairs after changing your clothes, used the bathroom and performed wudhu. You see your mother or father, brother or sister, what

do you say? [7]

السَّلَامُ عَلَيْكُمْ

Peace be upon to you.

BEFORE EATING

Before I eat, I say:

بِسْمِ اللَّهِ

In the Name of Allah [8]

AFTER EATING

After I have eaten, I say:

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي
وَلَا قُوَّةٍ

All praise is for Allah who fed me this and provided it for me without any might nor power from myself. [9]

LEAVING THE HOME

As I leave my home, I say:

بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

In the Name of Allah, I have placed my trust in Allah, there is no might and no power except by Allah. [10]

AYAH

“MUHAMMAD IS NOT A FATHER FROM ANY OF YOUR MEN, RATHER HE IS THE MESSENGER OF ALLĀH, AND THE LAST OF THE PROPHETS.” [SŪRAH AL-AHZĀB, 33:40]

CONGRATULATIONS

YOU ARE NOW ON:

LEVEL 2

RIDING IN A CAR

Before driving off, I say:

بِسْمِ اللَّهِ وَالْحَمْدُ لِلَّهِ، سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا
كُنَّا لَهُ مُقْرِنِينَ، وَإِنَّا إِلَىٰ رَبِّنَا لَمُنْقَلِبُونَ، الْحَمْدُ لِلَّهِ،
الْحَمْدُ لِلَّهِ، الْحَمْدُ لِلَّهِ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ،
سُبْحَانَكَ اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي فَاغْفِرْ لِي، فَإِنَّهُ لَا
يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

In the Name of Allah and all Praise be to Allah. How perfect He is, the One Who has placed this (transport) at our service and we ourselves would not have been capable of that, and to our Lord is our final destiny. All Praise be to Allah. All Praise be to Allah. All Praise be to Allah. Allah is the Greatest. Allah is the Greatest. Allah is the Greatest. How perfect You are, O Allah, verily I have wronged my soul, so forgive me, for surely none can forgive sins except You.” [11]

ENTERING THE MASJID

Before I enter the Masjid, I say:

بِسْمِ اللَّهِ، وَالصَّلَاةُ وَالسَّلَامُ عَلَىٰ رَسُولِ اللَّهِ
اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

In the Name of Allah, and prayers and peace be upon the Messenger of Allah. O Allah, open the gates of Your mercy for me. [12]

AFTER HEARING ATHAN

After hearing the athan, I say:

اللَّهُمَّ رَبَّ هَذِهِ الدَّعْوَةِ التَّامَّةِ وَالصَّلَاةِ الْقَائِمَةِ آتِ مُحَمَّدًا
الْوَسِيلَةَ وَالْفَضِيلَةَ وَابْعَثْهُ مَقَاماً مَحْمُوداً الَّذِي وَعَدْتَهُ

O Allah, Owner of this perfect call and Owner of this prayer to be performed, bestow upon Muhammad al-waseelah and al-fadeelah and send him upon a praised platform which You have promised him. [13]

LEAVING THE MASJID

Upon leaving the Masjid, I say:

بِسْمِ اللَّهِ وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ، اللَّهُمَّ إِنِّي
أَسْأَلُكَ مِنْ فَضْلِكَ

In the name of Allah, and prayers and peace be upon the Messenger of Allah. O Allah, I ask You from Your favour. [14]

WHAT DO YOU SAY?

You have just left the Masjid and because it is so cold outside, you sneeze. What should you say?

الْحَمْدُ لِلَّهِ

All Praise belongs to Allah. [15]

HEAR SOMEONE SNEEZE

You also hear another Muslim sneeze and he says Alhamdulillah. You should reply to him by saying:

يَرْحَمُكَ اللَّهُ

May Allah have mercy upon you. [16]

REPLY OF THE SNEEZER

The person who sneezed should reply to you with:

يَهْدِيكُمْ اللَّهُ وَيُصْلِحُ بِالْكُم

May Allah guide you and rectify your condition. [17]

WHAT DO YOU SAY?

You have started to walk home and it starts to rain.
What should you say?

اللَّهُمَّ صَيِّباً نَافِعاً

O Allah, may it be a beneficial rain cloud. [18]

UPON ENTERING HOME

Upon entering my home, I say:

بِسْمِ اللَّهِ

In the name of Allah. [19]

WHAT DO YOU SAY?

Your sister has given you something or done something
which pleases you. What do you say?

جَزَاكَ اللَّهُ خَيْرًا (male) or جَزَاكَ اللَّهُ خَيْرًا (female)

May Allah reward you with goodness. [20]

BEFORE SLEEPING

Before sleeping, I say:

بِسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

In Your name O Allah, I live and die. [21]

When going to his bed every night, the Prophet (salla-lahu alayhi wa salam) would hold his palms together, spit (a form of spitting comprising mainly of air with little spittle) in them, recite the last three chapters (Al-Ikhlās, Al-Falaq, An-Nas) of the Qur'an and then wipe over his entire body as much as possible with his hands, beginning with his head and face and then all parts of the body, he would do this three times. [22]

AYAH

"TODAY I HAVE PERFECTED YOUR RELIGION FOR YOU, COMPLETED MY FAVOUR UPON YOU, AND HAVE CHOSEN FOR YOU ISLĀM AS YOUR RELIGION."

[SŪRAH AL-MĀAIDAH, 5:3]

CONGRATULATIONS

YOU ARE NOW ON:

LEVEL 3

AAAYATUL-KURSI

I say:

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ
مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ

مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ
وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ

وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا
وَهُوَ الْعَلِيُّ الْعَظِيمُ

Allâh! none has the right to be worshipped but He, the Ever Living, the One Who sustains and protects all that exists. Neither slumber, nor sleep overtake Him. To Him belongs whatever is in the heavens and whatever is on earth. Who is he that can intercede with Him except with His Permission. He knows what happens to them (His creatures) in this world, and what will happen to them in the Hereafter. And they will never compass anything of His Knowledge except that which He wills. His Kursî extends over the heavens and the earth, and He feels no fatigue in guarding and preserving them. And He is the Most High, the Most Great.

DUA AFTER TAKBEER

After saying the takbeer when starting Salah, I say:

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ وَلَا إِلَهَ
غَيْرُكَ

How far from imperfections You are O Allah, and I praise You. Blessed be Your name, and lofty is Your position and none has the right to be worshipped except You.

SURAH AL-FAATIHAH

Basmallah and Surah al-Faatihah:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ. الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ (٢)
الرَّحْمَنِ الرَّحِيمِ (٣) مَلِكِ يَوْمِ الدِّينِ (٤) إِيَّاكَ نَعْبُدُ
وَإِيَّاكَ نَسْتَعِينُ (٥) أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ (٦) صِرَاطَ
الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

(1) In the name of Allah, The Most Gracious, The Most Merciful (2) [All] praise is [due] to Allah, Lord of the Alameen (mankind, jinn and all that exists) - (3) The Most Gracious, the Most Merciful (4) The Only Owner of the Day of Recompense. (5) You (Alone) we worship and You (Alone) we ask for help. (6) Guide us to the Straight Way - (7) The way of those on whom You have bestowed Your Grace, not (the way) of those who earned Your Anger, nor of those who went astray.

WHILE BOWING

When bowing (rukoo) in prayer, I say:

سُبْحَانَ رَبِّيَ الْعَظِيمِ، سُبْحَانَ رَبِّيَ الْعَظِيمِ ، سُبْحَانَ رَبِّيَ
الْعَظِيمِ

How far from imperfections my Lord is, The Supreme. How far from imperfections my Lord is, The Supreme. How far from imperfections my Lord is, The Supreme.

UPON RISING

Upon rising from Rukoo, I say:

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ رَبَّنَا لَكَ الْحَمْدُ حَمْدًا كَثِيرًا طَيِّبًا
مُبَارَكًا فِيهِ

Allah listens to him who praises Him. Our Lord, to You belongs all praise, an abundant beautiful blessed praise.

WHILE PROSTRATING

When prostrating in prayer, I say:

سُبْحَانَ رَبِّيَ الْأَعْلَى، سُبْحَانَ رَبِّيَ الْأَعْلَى،
سُبْحَانَ رَبِّيَ
الْأَعْلَى

How far from imperfections my Lord is, The Most High. How far from imperfections my Lord is, The Most High. How far from imperfections my Lord is, The Most High.

BETWEEN PROSTRATION

Between the two prostrations, I say:

رَبِّ اغْفِرْ لِي ، رَبِّ اغْفِرْ لِي

My Lord forgive me, My Lord forgive me.

AYAH

“VERILY ALLĀH COMMANDS WITH JUSTICE AND GOOD CONDUCT TO RELATIVES, AND FORBIDS IMMORALITY AND BAD CONDUCT AND OPPRESSION.

HE ADMONISHES YOU THAT PERHAPS YOU WILL BE REMINDED.”

[SŪRAH AN-NAHL, 16:90]

CONGRATULATIONS

YOU ARE NOW ON:

LEVEL 4

TASHAHUD

When sitting in the 2nd rak'at, I say:

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ، السَّلَامُ عَلَيْنَا
وَعَلَىٰ عِبَادِ اللَّهِ الصَّالِحِينَ

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Salutations are for Allah, All acts of worship and good deeds are for Him. Peace, mercy and blessings of Allah be upon you O Prophet. Peace be upon us and upon all of Allah's righteous slaves. I bear witness that none has the right to be worshipped (in truth) except Allah and I bear witness that Muhammad is His slave and Messenger.

AYAH

“WHOEVER DOES RIGHTEOUSNESS, WHETHER MALE OR FEMALE, AND HE IS A BELIEVER; WE WILL SURELY CAUSE HIM TO LIVE A GOOD LIFE, AND WE WILL SURELY GIVE THEM THEIR REWARD ACCORDING TO THE BEST OF WHAT THEY USED TO DO” [SŪRAH AN-NAHL, 16:97].

SENDING PRAYERS

After the tashahhud (last rak'at), I say:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى
إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ ، إِنَّكَ حَمِيدٌ مَجِيدٌ

اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى
إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ ، إِنَّكَ حَمِيدٌ مَجِيدٌ

O Allah, send prayers upon Muhammad and the followers of Muhammad, just as You sent prayers upon Ibraheem and upon the followers of Ibraheem. Indeed, You are full of praise and majesty.

O Allah, send blessings upon Muhammad and upon the followers of Muhammad, just as You sent blessings upon Ibraheem and upon the followers of Ibraheem, Indeed, You are full of praise and majesty.

SEEKING REFUGE

Before saying the salam, I say:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ، وَمِنْ عَذَابِ جَهَنَّمَ
وَمِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ، وَمِنْ شَرِّ فِتْنَةِ الْمَسِيحِ
الدَّجَّالِ

O Allah, I seek refuge with You from the torment of the grave, from the torment of the Fire, from the trials and tribulations of life and death and from the evil affliction of Al-Maseeh Ad-Dajjal (the Antichrist).

FINAL ADVICE

WE ASK ALLAH TO BENEFIT YOU WITH THESE IMPORTANT DAILY SUPPLICATIONS. ALWAYS REMEMBER, THE BEST WAY TO KEEP THESE DU'AS IN YOUR MEMORY IS TO READ THEM DAILY AND ACT UPON THEM.

REFERENCES

- [1] Bukhari and Muslim.
- [2] At-Tirmithi 2/505. Sahihul-Jami 3/203.
- [3] Bukhari 1/45, Muslim 1/283. The addition of Bismillah was mentioned in Fathul-Baari 1/244.
- [4] Abu Dawood, Ibn Maajah and Ahmad. See Irwaul Ghalil of Shaykh Albaani 1/122.
- [5] Muslim 1/209
- [6] Abu Dawood, Ibn Majah and Tirmithi. See ibn Al-Qayyim checking in Zadul Ma'ad 2/387
- [7] At-Tirmithi. Declared Hasan by Shaykh Al-Albaani.
- [8] Agreed upon by Bukhari and Muslim
- [9] At-Tirmithi. Declared Hasan by Shaykh Albaani.
- [10] Abu Dawood 4/325 and At-Tirmithi 5/490. Albani Saheeh at-Tirmithi 3/151.
- [11] Abu Dawood, Nisaaee and At-Tirmithi. Authenticated by Shaykh Albani.
- [12] Saheeh Abi Dawood of Shaykh Albaani.
- [13] Al-Bukhari
- [14] Saheeh Abi Dawood of Shaykh Albaani.
- [15, 16, 17] Reported by Al-Bukhari
- [18] Reported by Al-Bukhari
- [19] Reported by Muslim
- [20] At-Tirmithi.
- [21] Agreed upon by Bukhari and Muslim
- [22] Agreed upon by Bukhari and Muslim