

ALLAH SAYS: SO, REMEMBER ME,
I WILL REMEMBER YOU. (2:152)

2 MINS

SubhanAllah

سُبْحَانَ اللَّهِ

X 100

1000 good deeds added and 1000
bad deeds removed!

-Sahih Bukhari

2 MINS

Alhamdulillah

الْحَمْدُ لِلَّهِ

X 100

The reward of sacrificing 100 camels in
the path of Allah.

-Sahih Bukhari

2 MINS

Allahu Akbar

اللَّهُ أَكْبَرُ

X 100

Reward will be more virtuous than freeing
hundred slaves.

-Sahih al-Bayhaqi

2 MINS

Astaghfirullah

أَسْتَغْفِرُ اللَّهَ

X 100

It is the Sunnah of our beloved
Prophet (ﷺ) .

-Sahih Bukhari

3 MINS

SubhanAllahi wa
bihamdihi

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

X 100

Minor sins will be forgiven even if they were
as much as the foam of the sea.

-Sahih Bukhari

8 MINS

SubhanAllahi wa
bihamdihi
subhanallahil azeem

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ،
سُبْحَانَ اللَّهِ الْعَظِيمِ

X 100

Easy on the tongue, heavy on the
scales.

-Sahih Bukhari

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8 MINS

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ
وَاللَّهُ أَكْبَرُ

Subhanallahi walhamdulillahi wala ilaha
illallahu wallahu akbar

X 100

(Not Specified in Hadith)

Prophet Mohammed (ﷺ) said:

I met Nabi Ibrahim (alaih salam) when I was taken on Mi'raj (ascension to the heavens). He told me: "O Muhammad, convey my salam (greetings) to your Ummah and tell them that Jannah has good soil and sweet water, but it is barren".

The plantation of Jannah is (the recital of) Subhanallah, Alhamdulillah, La ilaha illallah and Allahu Akbar."

-Tirmidhi, Hadith: 3462

Prophet Mohammed (ﷺ) said: "say, Subhanallah, Alhamdulillah, La ilaha illallah or Allahu Akbar, one tree will be planted for you in Jannah for each of these."

- Ibn Majah Hadith: 3807

3 MINS

X 10

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾ اللَّهُ الصَّمَدُ ﴿٢﴾
لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿٣﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴿٤﴾

Bismillah hir rahman nir raheem

"Qul huwal laahu ahad. Allah hus-samad.
Lam yalid wa lam yoolad. Wa lam yakul-lahoo kufuwan ahad"

"In the name of Allah,
The Most Gracious and The Most Merciful"

Say, "He is Allah, [who is] One, Allah, the Eternal Refuge. He neither begets nor is born, Nor is there to Him any equivalent."

Prophet Mohammed (ﷺ) said: "Whoever recites Surah Ikhlas 10 times completely, Allah will build a palace for him in Paradise."

- Saheeh al Jaami

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3 MINS

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ
الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Laa ilaaha illallaahu wahdahu laa sha'reeke
lahu; Lahul-mulku wa lahul-hamdu; Wa'huwa
aa'laa kulli shay'in qadeer.

X 100

"None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise, and He is over all things omnipotent".

"Whoever says this Dua, 100 times will get the same reward as given for freeing 10 slaves + 100 good deeds will be added + 100 sins will be deducted + a shield will protect from shaytan till night".

-Tirmidi

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْجَنَّةَ وَأَعُوذُ بِكَ مِنَ النَّارِ

Allahumma innias'alukal jannah wa
audhu bika minan-nar

X 3

Paradise says: "Admit him into Paradise" and Fire
says: "Save him from the hell fire".

-Tirmidi

ALLAH SAYS: SO, REMEMBER ME,
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يَا رَبِّ لَكَ الْحَمْدُ كَمَا يَنْبَغِي لِجَلَالِ وَجْهِكَ
وَعَظِيمِ سُلْطَانِكَ

Ya Rabbi lakal hamdu kama yambaghi'li jalali
wajhika wa-adheemi sultanik.

Recite Once

A Dua so heavy that left angels unable to
record its reward.

- Ibn Majah

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ عَبْدُكَ
وَنَبِيُّكَ مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ ، وَأَعُوذُ بِكَ
مِنْ شَرِّ مَا عَاذَ مِنْهُ عَبْدُكَ وَنَبِيُّكَ مُحَمَّدٌ صَلَّى
اللَّهُ عَلَيْهِ وَسَلَّمَ

Allaahumma inni as'aluka min al-khayri ma
sa'alaka 'abduka wa nabiyyuka
Muhammadun sall Allahu 'alayhi wa sallam,
wa a'oodhu bika min sharri ma 'aadha minhu
'abduka wa nabiyyuka Muhammad Sallallahu
Alayhi Wa Sallam

"O Allah, I ask You for the good that Your
slave and Prophet ﷺ has asked You for, and I
seek refuge with You from the evil from which
Your slave and Prophet sought refuge from".

23 YEARS OF DUAA Summarized in ONE

- Ibn Majah

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Alhamdulillah 'adada ma khalaq

الْحَمْدُ لِلَّهِ عَدَدَ مَا خَلَقَ

Wal-hamdulillahi mil'a ma khalaq

وَالْحَمْدُ لِلَّهِ مِثْلَ مَا خَلَقَ

Wal-hamdulillahi 'adada
ma fi'l-ardi wa's-sama

وَالْحَمْدُ لِلَّهِ عَدَدَ مَا فِي الْأَرْضِ وَالسَّمَاءِ

Wal-hamdulillahi mil'a ma
fi'l-ardi wa's-sama

وَالْحَمْدُ لِلَّهِ مِثْلَ مَا فِي الْأَرْضِ وَالسَّمَاءِ

Wal-hamdulillahi 'adada ma ahsa
kitabuh

وَالْحَمْدُ لِلَّهِ عَدَدَ مَا أَحْصَى كِتَابُهُ

Wal-hamdulillahi mil'a ma ahsa
kitabuh

وَالْحَمْدُ لِلَّهِ مِثْلَ مَا أَحْصَى كِتَابُهُ

Wal-hamdulillahi adada kulli shay'ie

وَالْحَمْدُ لِلَّهِ عَدَدَ كُلِّ شَيْءٍ

Wal-hamdulillahi mil'a kulli shay'ie

وَالْحَمْدُ لِلَّهِ مِثْلَ كُلِّ شَيْءٍ

"Praise be to Allah to the amount of what He created, and praise be to Allah to the quantity that fills what He created, and praise be to Allah to the amount of what is in the earth and the heavens, and praise be to Allah to the quantity of what fills the earth and the heavens, and praise be to Allah to the amount of what is enumerated in His Book, and praise be to Allah to what fills in His Book, and praise be to Allah to the amount of everything, and praise be to Allah to that which fills everything".

Subhan'Allahi 'adada ma khalaqa

سُبْحَانَ اللَّهِ عَدَدَ مَا خَلَقَ

Subhan'Allahi mil'a ma khalaqa

سُبْحَانَ اللَّهِ مِثْلَ مَا خَلَقَ

Subhan'Allahi 'adada ma fi'l-ardi

سُبْحَانَ اللَّهِ عَدَدَ مَا فِي الْأَرْضِ

Subhan'Allahi mil'a ma
fi'l-ardi wa's-sama

سُبْحَانَ اللَّهِ مِثْلَ مَا فِي الْأَرْضِ وَالسَّمَاءِ

Subhan'Allahi 'adada ma
ahsa kitaabuhu

سُبْحَانَ اللَّهِ عَدَدَ مَا أَحْصَى كِتَابُهُ

Subhan'Allahi mil'a ma ahsa
kitabuhu

سُبْحَانَ اللَّهِ مِثْلَ مَا أَحْصَى كِتَابُهُ

Subhan'Allahi adada kulli shay'in

سُبْحَانَ اللَّهِ عَدَدَ كُلِّ شَيْءٍ

Subhan'Allahi mil'a kulli shay'in

سُبْحَانَ اللَّهِ مِثْلَ كُلِّ شَيْءٍ

"Glory be to Allah the number of what He has created, Glory be to Allah filling what He has created, Glory be to Allah the number of what is in earth, Glory be to Allah filling what is in earth and heaven, Glory be to Allah amount of what is enumerated in His Book [Lowhill Mahfooth the Presevered Tablet], Glory be to Allah to what fills his book, Glory be to Allah to the amount of everything, Glory be to Allah to that which fills everything".

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أَعُوذُ بِاللَّهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ

a'udhu billahi-samie al alim min-shaytan ni-rajim

3 TIMES IN THE MORNING

"I seek refuge in Allah the all hearing and all knowing against the accursed satan".

THEREAFTER RECITE THE LAST 3 AYAH OF SURAH AL-HASHR ONCE

هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ عَالِمُ الْغَيْبِ
وَالشَّهَادَةِ هُوَ الرَّحْمَنُ الرَّحِيمُ ﴿22﴾

Huwa Allahu allazee la ilaha illa huwa aalimul ghaybi washshahadati huwa-rrahmanu-rraheem

هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْمَلِكُ الْقُدُّوسُ السَّلَامُ
الْمُؤْمِنُ الْمُهَيَّمِنُ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ سُبْحَانَ
اللَّهِ عَمَّا يُشْرِكُونَ ﴿23﴾

Huwa Allahul-lazee la ilaha illa huwal malikul quddoosus-salamul muminul muhayminul azeezul-jabbarul mutakabbiru subhanAllahi aamma yushrikun

هُوَ اللَّهُ الْخَالِقُ الْبَارِيُّ الْمَصَوِّرُ لَهُ الْأَسْمَاءُ
الْحُسْنَى يُسَبِّحُ لَهُ مَا فِي السَّمَاوَاتِ وَالْأَرْضِ
وَهُوَ الْعَزِيزُ الْحَكِيمُ ﴿24﴾

Huwa Allahul khaliqul bari'ul musawwiru lahu asmaa;ul husna yusabbihu lahu ma fis-samawati walardi wahuwal azeezul hakeem

70,000 Angels are appointed by Allah, who seek forgiveness on behalf of that person till the evening. Should he die during the day, he will die as a Shahid (martyr).

-Tirmidi

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سُبْحَانَ اللَّهِ وَبِحَمْدِهِ ، عَدَدَ خَلْقِهِ ، وَرِضَا نَفْسِهِ
، وَزِنَةَ عَرْشِهِ ، وَمِدَادَ كَلِمَاتِهِ

"SubhanAllahi wa-bihamdih; Aa'dada khal'qi;
Wa'rida nafsih; Wa'zinata aa'rshih;
Wa'midada kalimatih".

X 3 in the morning

"How perfect Allah is; and I praise Him by the number of His creation and His pleasure, and by the weight of His throne, and the ink of His words".

'Outweighs the reward of praying from morning till afternoon.

-Sahih Bukhari

REFERENCES

Juwayriyah R.A narrated:

The Prophet (ﷺ) left her house one morning when he prayed Fajr, and she was in her prayer place, then he came back after the forenoon and she was still sitting there.

He (ﷺ) said: "Are you still as you were when I left you?".

She said: "Yes".

The Prophet (ﷺ) said:

"After I left you, I said four words (ie: this Dua) three times, which if they were weighed against what you have said today, they would outweigh it".

Reference: Sahih Bukhari 6405

REFERENCES

سُبْحَانَ اللَّهِ

Mus'ab Sa'd reported that his father told him that Prophet Mohammed (pbuh) said: Is one amongst you powerless to get 1000 virtues every day. Amongst those who had been sitting there, one asked: How one amongst us can get one thousand virtues every day? He said: Recite: "SubhanAllah" one hundred times for (by reciting them) 1000 virtues are recorded (to your credit) and 1000 vices are blotted out

Reference: *Sahih Muslim 2698*

الْحَمْدُ لِلَّهِ

Prophet Mohammed (ﷺ) said: "Whoever recites 'Alhamdulillah' 100 times in the morning and the evening- will be rewarded as if he has donated 100 horses in the path of Allah.

Reference: *Imam Tirmidhi 3471*

اللَّهُ أَكْبَرُ

Prophet Mohammed (ﷺ) said: "Whoever recites 'Allahu Akbar' 100 times before sun rise and before sun set, the reward will be more virtuous than freeing hundred slaves".

Reference: *Sahih Al Bayhaqi 10588*

أَسْتَغْفِرُ اللَّهَ

Abu Hurairah رضى الله عنه narrated that: The Messenger of Allah (ﷺ) said: "I seek the forgiveness of Allah and repent to Him one hundred times each day".

Reference: *Sunan Ibn Majah 3815*

REFERENCES

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

Abu Hurairah رضى الله عنه narrated that:
The Messenger of Allah (ﷺ) said: "Whoever says, 'Subhan Allah wa bihamdihi,' one hundred times a day, his minor sins will be forgiven even if they were as much as the foam of the sea".

Reference: *Sahih Bukhari 6405*

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ, سُبْحَانَ اللَّهِ الْعَظِيمِ

The Messenger of Allah (ﷺ) said: "(There are) two words which are dear to the Beneficent (Allah) and very light (easy) for the tongue (to say), but very heavy in weight in the balance. They are: 'Subhan Allah wa-bi hamdihi' and 'Subhan Allah Al-`Azim.'"

Reference: *Sahih Bukhari 7563*

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْجَنَّةَ وَأَعُوذُ بِكَ مِنَ النَّارِ

Anas bin Malik narrated that the Messenger of Allah (ﷺ) said: "Whoever asks Allah (SWT) Paradise three times, Paradise says: 'O Allah, admit him into Paradise', and whoever seeks refuge from the Fire three times, the Fire says: 'O Allah, save him from the Fire.'"

Reference: *Imam Tirmidhi 2572*

يَا رَبِّ لَكَ الْحَمْدُ كَمَا يَنْبَغِي لِجَلَالِ وَجْهِكَ وَعَظِيمِ سُلْطَانِكَ

Abdullah bin Umar r.a narrated: The Prophet ﷺ said: The two angels feel heavy and do not know how to register his rewards and they ascended to Allah and said: "O our Lord, We do not know how to record his reward when he recited these words". Allah replied: "What did he recite?" The second angel replied: "he says ie.this Dua". Allah replied: "Write reward as what just spoken by him until he meets me, I will reward him".

Reference: *Ibn Majah*

REFERENCES

الْحَمْدُ لِلَّهِ عَدَدَ مَا خَلَقَ وَالْحَمْدُ لِلَّهِ مِنْءَ مَا خَلَقَ.....

It was narrated that Abu Umamah (may Allah be pleased with him) said:

The Prophet (ﷺ) saw me moving my lips and he said to me: "What are you saying, O Abu Umaamah?" I said: I am remembering Allah, O Messenger of Allah

He said: "Shall I not tell you of something better or greater than your dhikr of night and day or of day and night? You should say: الْحَمْدُ لِلَّهِ عَدَدَ مَا خَلَقَ

(Complete Dua on page 5)

Reference: Sahih Bukhari 1575



Those who attain to faith and do righteous deeds the gardens of paradise will be there to welcome them.

Quran 18:107